“LONG TERM GOAL”

- Open Senior Service Centers in the Chicago Metropolitan area
- Provide Transportation for the South Asian older adult Community
- Establish an affordable housing for South Asian American retirees

Volunteering Opportunities

Everyone at AARA provides services on a pro-bono basis. We are all volunteers that love being a part of something we truly believe in. We are looking for fun-loving, kind and caring volunteers to serve the Older Adults within our communities.

Our Mission

Our mission is to serve older adults primarily of South Asian backgrounds by providing a range of culturally appropriate and linguistically sensitive services in the Greater Chicagoland area.

How Can You Contribute?

We request your Time, Talent & when you believe in the effort your financial investment

Contact us at:
630-803-8130
on the web at www.retiredasians.org
via email info@retiredasians.org

American Association of Retired Asians
380 S. Schmale Rd. Suite 204
Carol Stream, IL 60188
(630)803-8130

A 501(c)(3) non-profit organization dedicated to providing referral, social and recreational services to the Older Adult of the South Asian community.

Older Adult Luncheon

An opportunity for AARA to canvass community members on the needs they face.
Our Goals

- To assist individuals in obtaining support available through government programs for various Medical, Social, and Retirement needs
- To serve as referral and linkage resource center to public and private resources

"A Society's greatness is measured by how it treats its weakest members" Mahatma Ghandi

- A long-term goal of establishing a residential facility specifically designed to address the physical, emotional, recreational, social, religious, cultural, and linguistic needs of South Asian aged populations

Why AARA?

While the services provided by AARA are available to everyone, AARA was specifically established to address the complex needs of the underserved South Asian Older Adult population.

This population, is underserved due to various cultural and linguistic barriers that have prevented access to public and private resources. AARA strives to overcome these barriers by providing cultural and linguistically compatible services or assistance to seniors to access available public resources and private service providers.

Current Projects

- Referral & Translation Services
- Navigating Medicaid, Medicare & SSI
- Weekly Congregate Meal Lunches
- Mental Health
- Family Counseling
- Stress Management  
  - Meditation
  - Seated Yoga
- Women Empowerment Group
- Life Changing Strategies
- Bridge Club
- Computer Classes
- Citizenship
- ESL Classes